

Membership

Join our Coconut Club

Buy 5 massage treatments
and get the 6th for free

Coco Cards

A series of six "Lelo"
treatments, a one-hour
medium pressure massage

~or~

A series of six "Hiwa"
treatments, a one & 1/2
hour deep pressure massage

~or~

A series of six "Ni'u"
treatments, our signature
tandem (two therapists)
medium pressure one
hour massage.

Yoga Retreats

Get out of your everyday
roles and responsibilities
for a holistic experience
on the Beautiful Big
Island of Hawaii.

Gift Certificates

Send someone you love a
"Cocogram",
~an in-home 110 minute
aromatherapy massage,
with a spa gift basket.



The Coconut Girls are located
on the beautiful Kona Coast
of the Big Island of Hawaii,
long known as a place
of healing in paradise.



The Coconut Girls.com LLC
P.O. Box 10 Holualoa
Hawaii 96725
(808) 937-2515
www.theCoconutGirls.com

"Only the Best for the Best"



Perpetuating the Culture of Healing Arts

"The close up way to experience
the spirit of Hawaii, to feel the
paradise with in you, to slow
down and let go."

Our Story

Established in Hawaii since 1996,
the Coconut Girls are a team of
Professional Licensed Massage
Therapists and Yoga Instructors.
Grounded by the beliefs of Intention
and Compassion, we are passionate
about providing only the best service
to our valued customers. All of our
Therapists & Instructors submit to
full background checks and have
recognized local references.
We are committed to continuing
education in the healing arts,
providing our staff with comprehensive
training beginning with their internship
and through their careers.

Our Classes

We custom design private Yoga Classes,
teach couples how to massage each other,
and facilitate group fitness activities.

Our Products

- Gift Baskets
- Massage Oil: Certified Organic,
Extra Virgin, Cold Pressed Coconut Oil.
Produced by a Non-profit project on
the pristine islands of Samoa. Creating
income for back village people. The
body absolutely adores it!
- Aromatherapy Bath Salts
- Organic Soaps
- Coconut Lip Smoothies
- Orthopedic Positioning Cushions:
A patented cushion that decompresses
the spine, allows deep abdominal
Breathing, & relieves chronic pain.

Our Philosophy and Goal as Therapists and Instructors is to allow the Therapist and client to slip into a heart to heart or soul to soul communion.

We are not “the healer”, but one who enhances the experience of “self-awareness” for the client, thus supporting a natural and spontaneous healing process.

We are a small service, we work with people individually.



Coconut Girls

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Massages

- 20, 50, 80 or 110 minute
- single or tandem
- Each massage service comes with the "coconut clean-up" after oil treatment and uses a moisturizing coconut clean body soaps and warm towels to lather and rinse off our Organic Massage Oil into the skin which leaves you not only relaxed but refreshed.

Special Treatments

Warm Lava Stones

Ashiatsu (barefoot Shiatsu)

Cranio-Sacral Therapy

Temple style Lomi Lomi

Sports • pre & post-event

Restorative & Rehabilitative

Immune System Booster

Reflexology • Deep Tissue

• Reiki • Shirodhara

• Pregnancy • Aromatherapy

• Postitional Release Techniques

• Electrical Bio-Modulation Therapy

• Facials • Wraps

• Salt Scrubs

Packages

The Ni'u is what we are known for. Otherwise known as "Tandem Transformation Therapy", this four handed massage with roots in "Temple Style Lomi Lomi" a Polynesian tradition performed for the Ali'i was used to rejuvenate and empower the ancients before their harvest ceremony. A synchronized, rhythmic, luxurious relaxing experience Allow 1 hr

The Lelo is a fusion of Lomi Lomi and Myofascial Release massage techniques. Done with one massage Therapist. Allow 1 hr

The Hitiwa is a fusion of Lomi Lomi and Deep Tissue massage techniques that address specific issues. Let the rhythm of the islands awaken within you and allow your stress to melt away. Allow 1 hr 30 minutes

The Queen Palm- This fusion of Deep Tissue massage, Lomi Lomi, and Thai Stretching has the ability to regenerate fatigued muscle tissue and restore peace to an exhausted spirit. Allow 2 hours

The King Palm- This four handed massage is a fusion of Deep Tissue massage, Lomi Lomi, and Thai Stretching with warm lava stones, a hydrating Coconut Oil Body Wrap, a warm lava stone facial massage, a warm hair oil treatment, followed by an aromatherapy Epsom salt Jacuzzi bath. Allow 3 hours

The Oil Palm- This is an Indian inspired massage that stimulates the nadis or energy pathways in the body followed by a warm hair oil treatment. Allow 2 hours

Pama hulu- A blend of Reiki and Cranio Sacral Therapy, this treatment, done with clients' clothes on is recommend for anyone recovering from surgery or chemotherapy. Allow 1 hour

Napo'ola (Sunset) Hale- Celebrate Life with your "special someone". We set up our bamboo beach Cabana for you and yours. Follow the beach trail to us where we pamper you with one of our signature massage and receive one of our spa gift baskets. (champagne can be arranged). What better way to really connect with the elements of Aloha together, to relax and be pampered with the sand and ocean below you.

Parties and Special Events

We specialize in Spa parties and special events. Having a bridal shower, or special event? We can arrange for massages for everyone, in your hotel room, vacation residence, our beach cabana or in our spa.



How Many Therapists?

A tandem massage is two Therapists working in unison on one person. They each work the opposite side of the body while doing the same movements, or sometimes they work different parts at the same time. Many people think that it feels amazing.

Couples Massage is a massage for two people, in the same room, at the same time, by two different therapists. It can be a husband and wife, girlfriend and boyfriend, same-sex partners, or even moms and daughters or best friends.

All in the comfort of your own home.